



Atopic Dermatitis in Older Patients What About Methotrexate?

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Until the 1960s-1970s...

atopic dermatitis (AD) was primarily

considered a pediatric condition



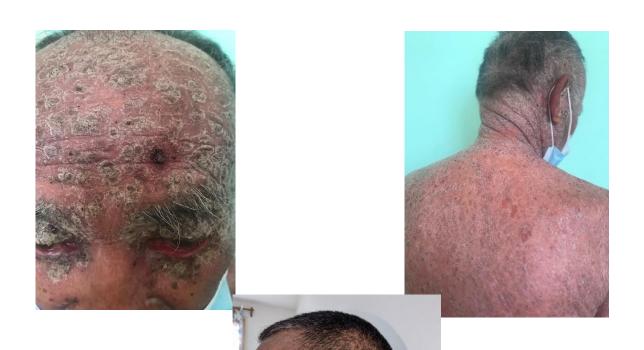








However, AD in older adult now...









In prospective longitudinal study, conducted over one year (2024-2025), through adults with recalcitrant AD

- In the unit of dermatology, Antananarivo, Madagascar
- 11/34 aged over 60, among adult patients with severe treatment-resistant AD
- 9 men and 2 women
- Mean age of 66.4 years

Predominant symptoms

- Pruritus
- Erythema
- Xerosis
- Lichenified skin
- Average SCORAD: 50,21
- Average DLQI scores: 6,5



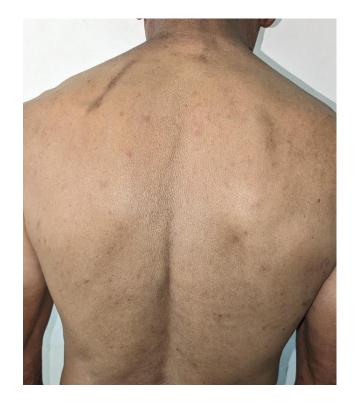


After four weeks of methotrexate therapy,

six patients (54.5%) demonstrated significant clinical

improvement

- Reduce of ichting
- More supple skin
- Improved quality of life



Conclusion

- Atopic dermatitis in older patients remains underdiagnosed
- Methotrexate appears to be an effective, safe, and affordable systemic treatment option for elderly patients with severe or refractory AD