

INTRODUCTION

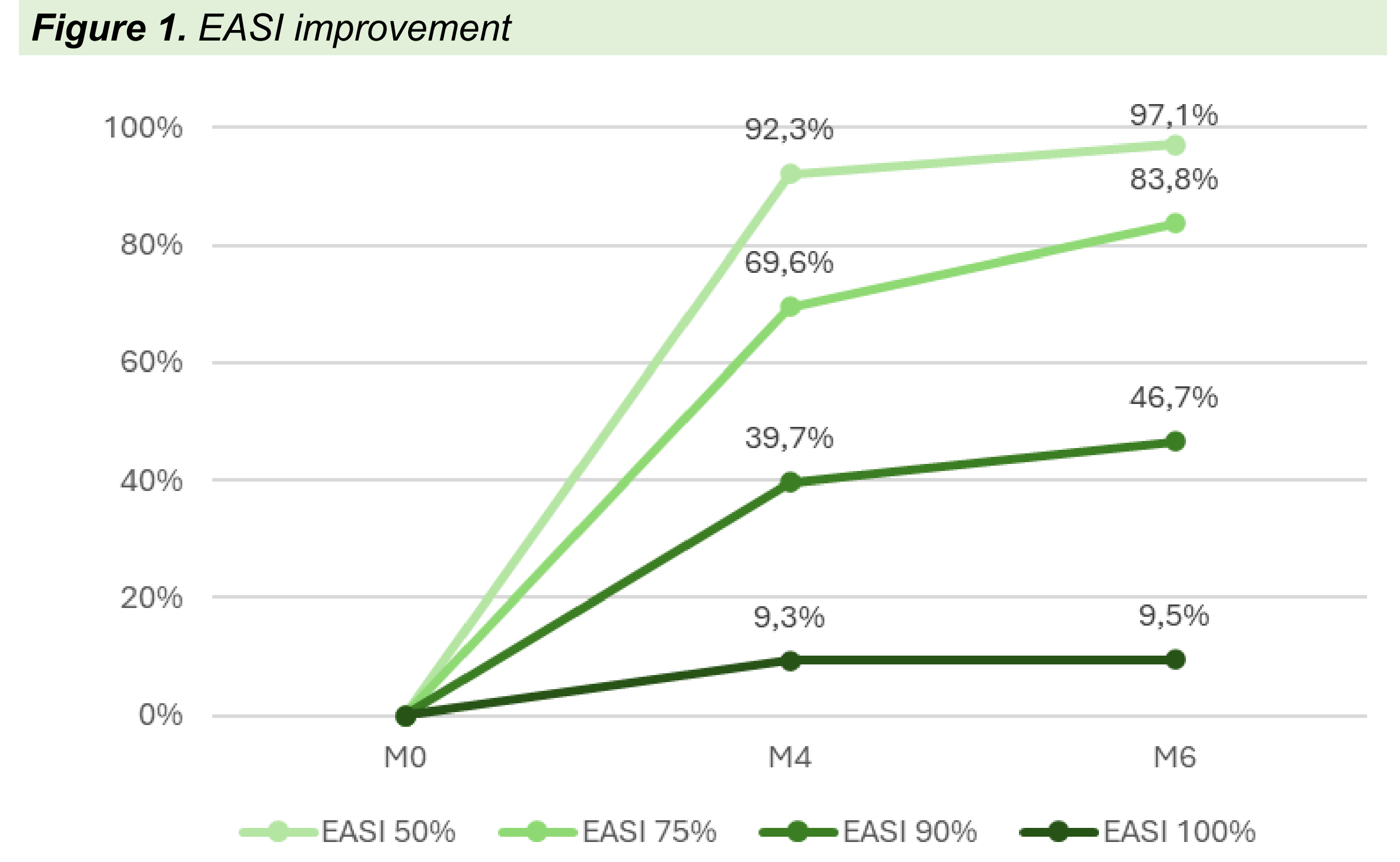
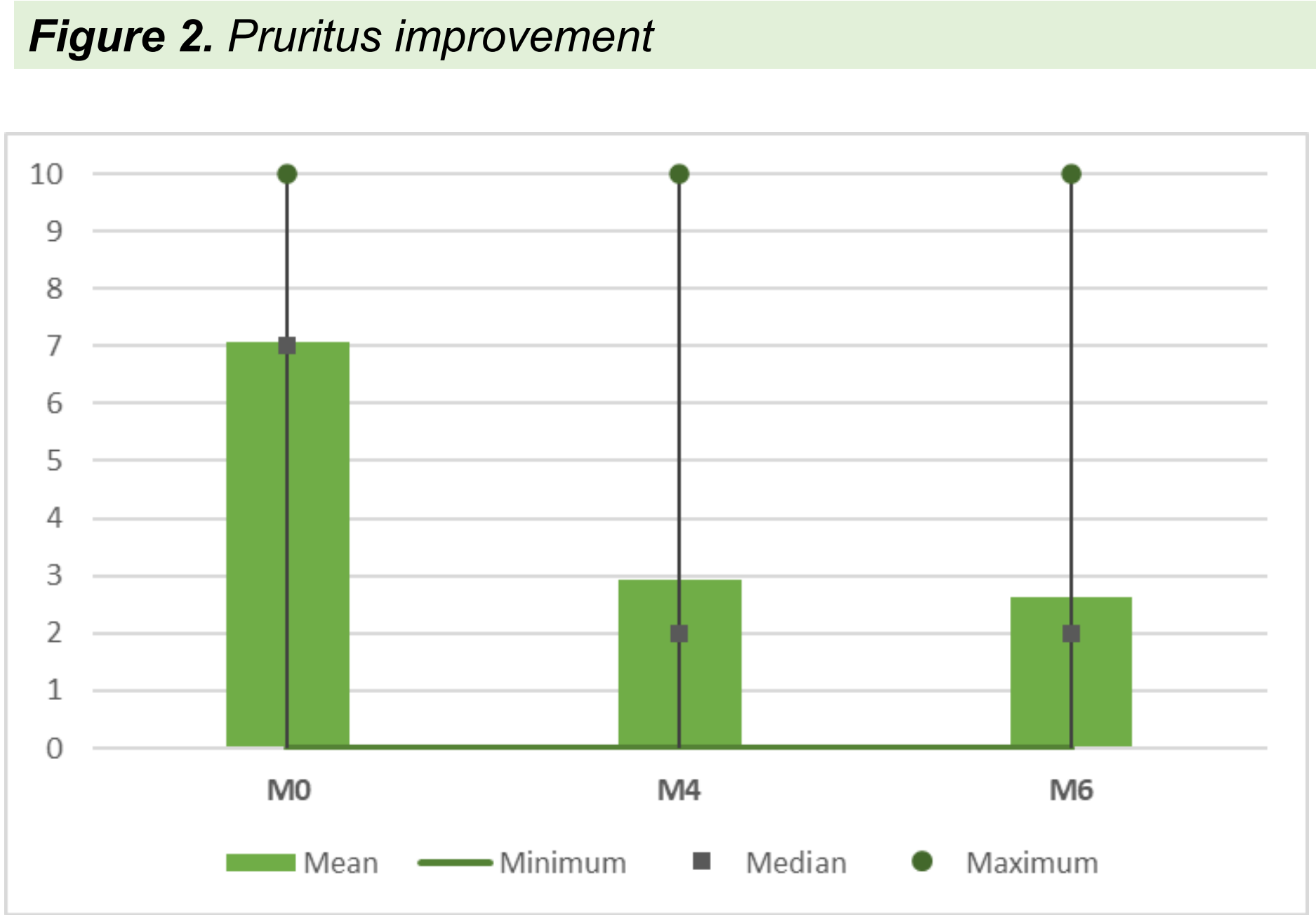
- Atopic dermatitis (AD) is a multifactorial chronic inflammatory skin disease that affecting approximately 7% of adults and up to 20% of children worldwide, posing a significant burden on patients' quality of life.<sup>1,2</sup>
- It is characterized by intense, persistent pruritus and sleep disturbances, often resulting in sleep deprivation. These symptoms lead to anxiety, depression, reduced quality of life, and decreased productivity.<sup>3</sup>
- Among conventional systemic therapy, cyclosporin is the only approved immunosuppressant for the treatment of AD.
- Patients with severe AD are candidates for biological therapies (dupilumab, tralokinumab, lebrikizumab) or Janus kinase inhibitors (JAKi), including abrocitinib, baricitinib, and upadacitinib.<sup>4</sup>
- Lebrikizumab is a novel, high-affinity monoclonal antibody that selectively binds to interleukin (IL)-13.<sup>5,6</sup>

OBJECTIVES

- To retrospectively assess the effectiveness and safety of lebrikizumab in patients with severe atopic dermatitis

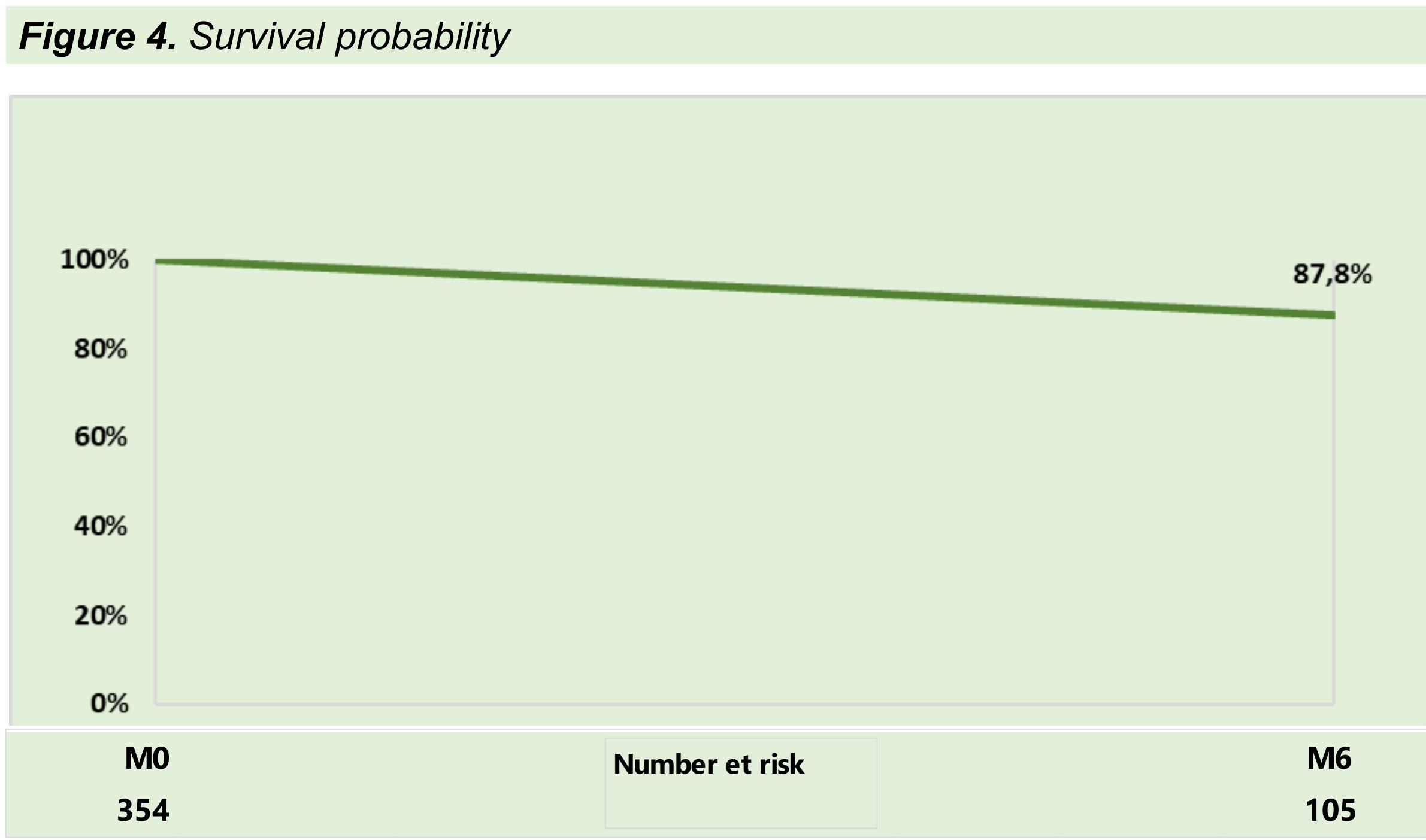
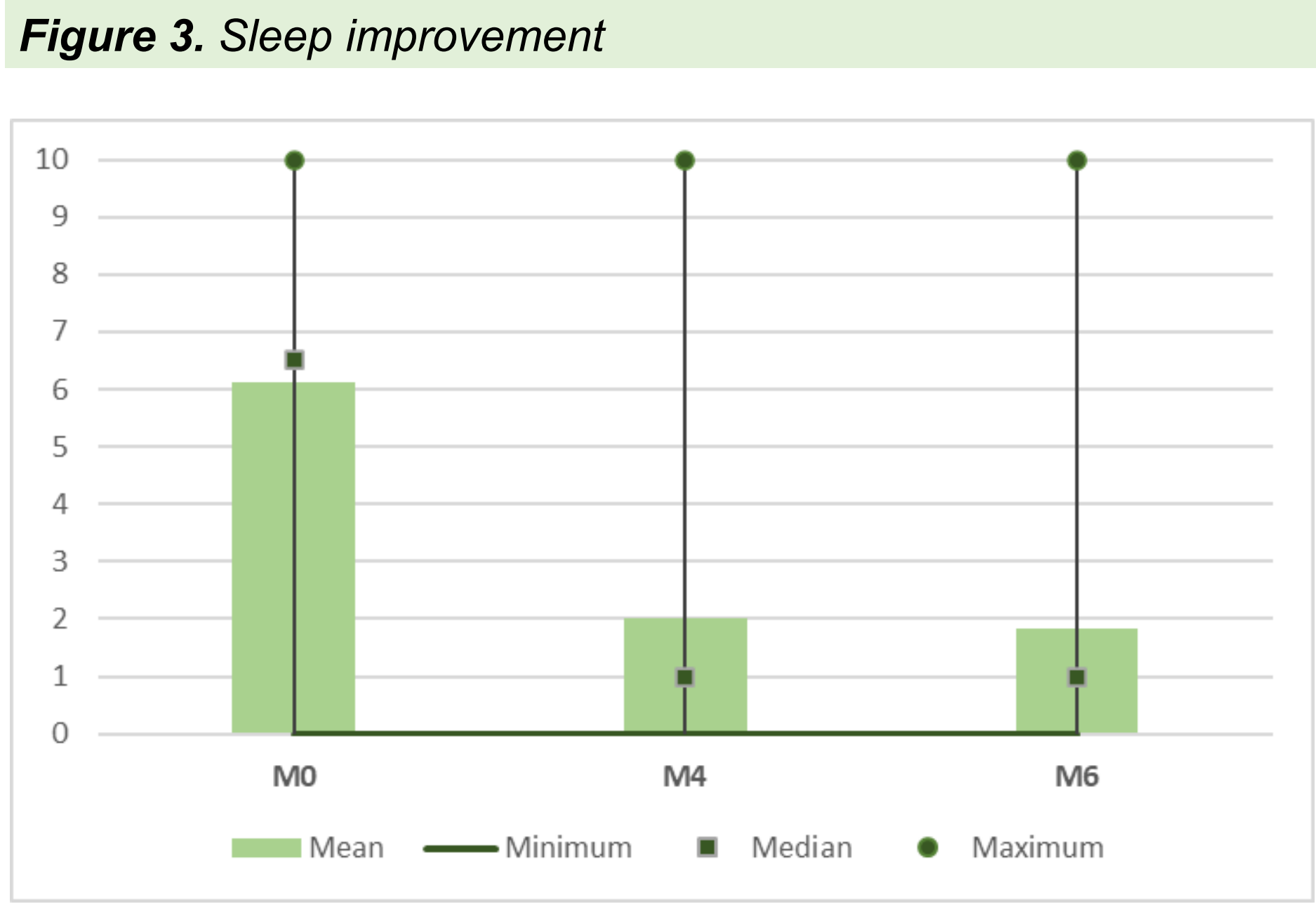
RESULTS

- The study included 344 patients treated with lebrikizumab.
- At month 4, 194 patients were evaluated; at month 6, 105 patients.
- EASI50 was achieved in 92.3% and 97.1% at months 4 and 6, respectively; EASI75 in 69.6% and 83.9%; EASI90 in 39.7% and 46.7%; and EASI100 in in 9.3% and 9.5%. *Figure 1*
- Itch severity, assessed using a 10-point numeric rating scale (NRS), decreased from a baseline mean of 7.1 (median [Me] 7.0) to 2.9 (Me 2.0) at month 4 and 2.6 (Me 2.0) at month 6. *Figure 2*
- Sleep disturbance improved from a baseline mean of 6.1 (Me 6.5) to 2.0 (Me 1.0) at month 4 and 1.8 (Me 1.0) at month 6. *Figure 3*
- Treatment discontinuation occurred in 7.8% (n=27) of cases. The main reason was loss of effectiveness (3.5%), followed by adverse events (AEs; 2.6%).
- A total of 32 AEs were reported in 27 patients (7.8%) with no serious AEs. Most common AE was conjunctivitis, affecting 22 patients (6.4%). No new safety concerns were identified.
- The predicted drug survival rate at 6 months of treatment was 87.8%.



**Table 1. Reason for discontinuation**

Reasons for discontinuation or switch	N (%)
Loss of efficacy	12 (3.5%)
Adverse events	9 (2.6%)
Patient’s wish	3 (0.9%)
Pregnancy (N,%)	1 (0.3%)
Other (N,%)	2 (0.6%)
<b>Total</b>	<b>27 (7.8%)</b>



**Table 2. Adverese Events**

Adverse Events (AEs)	N (%)
Number of reported AEs	32 (9.3%)
Number of patients	27 (7.8%)
Conjunctivitis	22 (6.4%)
Effluvium/alopecia	4 (1.2%)
Face dermatitis	2 (0.6%)
Injection site reaction	1 (0.3%)
Generalized rash	1 (0.3%)
Urticaria	1 (0.3%)
Skin burning	1 (0.3%)

CONCLUSION

- In our real-world analysis, lebrikizumab showed high effectiveness and a favorable safety profile.
- EASI75 and EASI90 responses at week 16 (69.6% and 39.7%) exceeded those reported in double-blind, placebo-controlled, phase 3 trials (ADvocate1: 58.8% and 38.3%; ADvocate2: 52.1% and 30.7%).<sup>5,6</sup> Real-world data from Japanese AD patients reported week 16 EASI50/75/90/100 responses of 83.1%, 57.1%, 27.3%, and 11.7%, respectively.<sup>7</sup> In comparison, our cohort achieved superior results: 92.3%, 69.6%, 39.4%, and 9.3%, respectively.
- Based on real-life data, lebrikizumab showed strong effectiveness and a favorable safety profile. No serious AEs were observed. The most common AE, conjunctivitis (6.4%), was less frequent than in ADvocate1 and ADvocate2 trials (7.4% and 7.5%, respectively).<sup>5,6</sup>
- These findings support lebrikizumab as an effective treatment for severe AD.

References

1. Silverberg JI, Barbarot S, Gadkari A, et al. Atopic dermatitis in the pediatric population: a cross-sectional, international epidemiologic study. *Ann Allergy Asthma Immunol.* 2021; 126: 417.e2–428.e2. **2.** Wollenberg A, Kinberger M, Arents B, et al. European guideline (EuroGuiDerm) on atopic eczema: part I-systemic therapy. *J Eur Acad Dermatol Venereol.* 2022;36(9):1409–31. **3.** Yosipovitch G, Reaney M, Mastey V. et al. Peak Pruritus Numerical Rating Scale: psychometric validation and responder definition for assessing itch in moderate-to-severe atopic dermatitis. *Br J Dermatol.* 2019 Oct;181(4):761-769. **4.** Chu AWL, Wong MM, Rayner DG, et al. Systemic treatments for atopic dermatitis (eczema): Systematic review and network meta-analysis of randomized trials. *J Allergy Clin Immunol.* 2023 Dec;152(6):1470-1492. **5.** Silverberg JI, Guttman-Yassky E, Thaçi D, et al. Two Phase 3 Trials of Lebrikizumab for Moderate-to-Severe Atopic Dermatitis. *N Engl J Med.* 2023 Mar 23;388(12):1080-1091. **6.** Blauvelt A, Thyssen JP, Guttman-Yassky E, et. al. Efficacy and safety of lebrikizumab in moderate-to-severe atopic dermatitis: 52-week results of two randomized double-blinded placebo-controlled phase III trials. *Br J Dermatol.* 2023 May 24;188(6):740-748. **7.** Hagino T, Uchiyama A, Onda M, et al. Real-World Effectiveness and Safety of Lebrikizumab for Moderate-to-Severe Atopic Dermatitis: A 16-Week Study in Japan. *Dermatitis.* 2025 Feb 20. doi: 10.1089/derm.2025.0004. Epub ahead of print.

Conflicts of interest: Martina Kojanova and Jorga Fialova have served as consultants, speakers, or investigators for AbbVie, Almirall, Amgen, Eli Lilly, Janssen, Leo Pharma, Novartis, Pfizer, Sanofi and UCB